



LOCAL OFFICE ON AGING



IN COLLABORATION WITH



Real Possibilities

Some of the non-perishable food items our elderly neighbors need (*no glass containers, please check expiration dates*):

- Soup
- Crackers
- Ramen Noodles
- Canned Meats
(such as Tuna, Chicken, Vienna Sausages)
- Canned Vegetables
- Canned Fruit
- Peanut Butter/Jelly
- Oatmeal/Cream of Wheat
- Cereal/Cereal Bars
- Carnation Instant Breakfast

Low-salt, nutritious items are preferred.



Give a senior a hot meal on a cold day.

WHY: Millions of seniors in our nation live at or below the poverty line. Help provide a hot meal on a cold day and remind thousands of seniors in need that the community has not forgotten them.

HOW IT WORKS: Start collecting soup in January through your church or organization. During the week of **February 7-15, 2019**, 9:30 a.m. to 3:30 p.m., take the collection to a drop-off site in your area.

MAIN DROP-OFF SITES:

- VFW Post #1033 | Dolly Ann Drive, Covington
- LOA Covington Office | 246 West Main Street

OTHER DROP-OFF SITES:

- Wells Fargo Bank | 246 West Main Street, Covington
- Granberry Memorial United Methodist Church
425 W. Main Street, Covington
- Good News Christian Fellowship Church
214 S. Lexington Avenue, Covington
- Clifton Forge Town Hall | 547 Main Street, Clifton Forge

For more information or to donate, call 540-962-0465 or 540-345-0451 or visit <http://www.loaa.org/soup-for-seniors>.

We are dedicated to our mission of helping older persons remain independent for as long as possible.