



Give a senior a hot meal on a cold day.

IN COLLABORATION WITH



Some of the non-perishable food items our elderly neighbors need (*no glass containers, please check expiration dates*):

- Soup
- Crackers
- Ramen Noodles
- Canned Meats (such as Tuna, Chicken, Vienna Sausages)
- Canned Vegetables
- Canned Fruit
- Peanut Butter/Jelly
- Oatmeal/Cream of Wheat
- Cereal/Cereal Bars
- Carnation Instant Breakfast

Low-salt, nutritious items are preferred.

WHY: Millions of seniors in our nation live at or below the poverty line. Help provide a hot meal on a cold day and remind thousands of seniors in need that the community has not forgotten them. Especially at a time like this, when seniors are more isolated from their friends and family than ever.

HOW IT WORKS: Start collecting items in January through your church, school or other organization.

WHEN: February 8-9 from 9am to 5pm

WHERE: Church of St. Peter and St. Paul
4909 N. Lake Drive, Roanoke, VA 24019.

JANUARY 30-31

Black Dog Salvage will kick off the collection on at 902 13th Street SW. Stop by with a donation of at least \$10 worth of food and receive a coupon for 10% off any eligible purchase!

FEBRUARY 6-7

Volunteers will also be at various Kroger locations in the area to collect your donations.



For those who may be unable to drop off items in person, monetary contributions are accepted and appreciated. Funds will be used to purchase non-perishable food items as well as PPE and sanitation supplies to keep our clients, staff and volunteers safe. To make a donation, please visit www.loaa.org/services/critical-assistance/soup-for-seniors/ or call 540-345-0451.

We are dedicated to our mission of helping older persons remain independent for as long as possible.